

WHY 8 – BALL ?

What benefits can be obtained from player the sport of 8-Ball Pool.

1. **8-Ball is a Non-Contact Sport:-** many people, (parents in particular), want a sport that is “Non-Contact”, (not everyone enjoys the thought of physical contact).
2. **8-Ball is a Non-Sexist Sport:-** cue sports can be played by members of either sex. There is no onus on physical strength, as is the case in many other sports. A great many women and girls, have taken up cue sports and enjoy the opportunity to participate in either “Women Only”, or “Open” competitions.
3. **8-Ball has no Age Barriers:-** 8-Ball is one of the few sports in which age imposes no barrier on participants. You may play at any age, from 5 – 85.
4. **8-Ball develops Mathematic Skills:-** 8-Ball is a sport that requires and uses many mathematical principles, (i.e. numbers, angles, action – reaction, etc.). The greater one’s ability at working out these principles, the better one’s performance.
5. **8-Ball develops Hand / Eye Co-ordination:-** in order to become proficient at this sport the hand and the eye must work in perfect harmony.
6. **8-Ball develops Strategic Skills:-** because of the nature of the game, a competitor must also become a “Thinker”, not just someone who pockets balls. The strategy involved in this sport has very often been likened to that required for Chess.
7. **8-Ball enhances Physical Endurance:-** many people perceive 8-Ball as a passive sport, (that is “Non Athletic”, because it does not require running, jumping etc.). To become a successful competitor in the sport of 8-Ball a player must learn physical endurance:
 - * He/she must be able to cope with being on one’s feet for long periods of time:
 - * He/she must be mentally and physically fit enough to endure matches that may last many hours;
 - * He/she must be able to concentrate for the entire duration of a match, (even when not actually playing a shot).
 - * 8-Ball is a most precise physical sport and extremely draining on both a physical and mental basis when played at competitive level.
8. **8-Ball requires Dedication:-** if one is to be successful at 8-Ball a great deal of dedication is required. Many hours of practice is required to improve and then maintain a high standard. Often these many hours of practice are solo efforts, requiring the player’s full dedication to learn and maintain his/her proficiency at the craft.
9. **8-Ball enhances Self Confidence and Self Esteem:-** as in many sports a high degree of self confidence in the participant is of great benefit. In the case of 8-Ball confidence (but not over-confidence), is a vital part of the sport. Participants achieving this equilibrium in self confidence also achieve improved self esteem as their standard of play improves

WHY 8 – BALL ?

- 10. 8-Ball promotes Sportsmanship:-** 8-Ball can be a great “leveler” as a sport. Participants learn very early in their career that being a good sportsperson is not only expected and encouraged, but is also very wise as severe penalties may be imposed for indiscretions and infringements.
- 11. 8-Ball promotes Self Discipline:-** the sport of 8-Ball required a great deal of discipline, 90% of which has to be SELF MOTIVATED. Identifying a person who has learnt that he/she must discipline one’s self, in many different ways, to succeed in this sport, is to find a person who will become a worthwhile member of society, because of the self discipline they have mastered.
- 12. 8-Ball is an Indoor Sport:-** as most 8-Ball tables are located indoors this sport can be played all year round, which is of great benefit to those people who like to dedicate themselves fully to a sport, without the hassle of inclement weather causing cancellations and delays.
- 13. 8-Ball provides many Levels of Competition:-** 8-Ball is played socially in a large number of venues and private homes. There are organized competitions for juniors and women, as well as open division participants and these competitions are available at either Club, Region, State, Nation or International levels.
- 14. 8-Ball promotes a Healthy Lifestyle for its Juniors:-** most 8-Ball competitions throughout Australia, organized specifically for juniors, are played in Non-Smoking venues, with serious attention paid to promoting the Stop Smoking Live Healthy messages.
- 15. 8-Ball for the Handicapped and the Disabled:-** around Australia there are a number of players who suffer from one disability or another, (loss of an upper or lower limb, paraplegic, deaf etc.), who are still very competitive at 8-Ball. There have been a number of innovations with specialized equipment to help ensure that almost everyone can play this sport. Even at World Level there is a competition for wheelchair participants.
- 16. 8-Ball is Inexpensive:-** unlike many other sports 8-Ball does not require any great outlay for equipment hire or purchase in order to compete. All venues containing 8-Ball tables provide all the necessary equipment, either free of charge or at a very minimal cost, for participants.
- 17. 8-Ball promotes Camaraderie and Team Spirit:-** many of the organized competitions around Australia are designed for Teams, providing the participants the opportunity to partake of the unique experience of team sport. This also assists in engendering characteristics that are generally considered imperative for one to become a worthwhile member of society.
- 18. Saving the” best for last”-**

It’s Great Fun !!

Why don’t you, friends and family members get involved soon.

WHY 8 – BALL ?